

## DID YOU KNOW...

ACCORDING TO THE WORLD HEALTH ORGANISATION (WHO)

TEENAGERS NEED 60 MINUTES AND ADULTS SHOULD BE GETTING 150 MINUTES OF PHYSICAL ACTIVITY A DAY!



## WALK & BIKE

Walking is one way to get to school and it's active and healthy.

There are traffic signals at Chalmers and Cleveland Streets with footpaths all around the school for pedestrian travel.

There is a bicycle path to the school through Prince Alfred Park.

Possible current walking and cycling routes to the school are marked on the map overleaf.

Students and staff can use the bike racks provided in the school. The school has end of trip facilities for staff.



## LIGHT RAIL

The school is 750m walking distance from the Central Station Light Rail stop on Eddy Avenue.

The Light Rail runs between Central and Dulwich Hill.

The new CBD and South East Light Rail line is under construction. The line will run between Circular Quay and Kingsford, via Central Railway Station.

It is anticipated a light rail station will be located on Devonshire Street.

The Light Rail station and network is marked on the map overleaf.



## TRAIN

The school is 350m walking distance from Central Railway Station entrance on Chalmers Street which services:

T1 North Shore

T2 Airport

T3 Bankstown Line

T4 Eastern Suburbs and Illawarra Line

The station and rail network is marked on the map overleaf.



## BUS

CHALMERS ST BUS SERVICES:

Routes: 305, 308, 309, 310, 343, 372, 393, 395, m20, m50

CLEVELAND ST BUS SERVICES:

Route: 353

BROADWAY BUS SERVICES:

Routes: 412, 413, 422, 423, 426, 428, 431, 433, 436, 438, 439, 440, 461, 470, 480, 483, 501, 631, 633b, 659, 659a, L23, L28, L38, L39, M10, M30

Bus stops and routes are marked on the map overleaf. If you need help deciding which transport services to use, please visit [www.sydneybuses.info/schools](http://www.sydneybuses.info/schools) or [www.transportnsw.info](http://www.transportnsw.info)

— PRELIMINARY DRAFT —  
INNER SYDNEY HIGH SCHOOL

# GREEN TRAVEL PLAN

AN ACTIVE TRAVEL GUIDE FOR STUDENTS, STAFF AND PARENTS



This plan will be developed further when the school catchment and enrolment pattern are confirmed. The plan will be finalised and issued to each student and staff member before they start at the school.

School boundaries and the enrolment pattern have not yet been determined. Refer to [www.dec.nsw.gov.au/about-the-department/our-reforms/innovative-education-successful-students/newschools/inner-sydney-hs](http://www.dec.nsw.gov.au/about-the-department/our-reforms/innovative-education-successful-students/newschools/inner-sydney-hs) for the latest information on the project.

A stylized illustration of a person with brown hair and a beard, wearing a grey t-shirt, riding a green bicycle. The person is looking down at a smartphone held in their right hand. The background is a light blue and white geometric pattern.

FOR THE INNER SYDNEY HIGH SCHOOL

## GREEN TRAVEL

Sustainable forms of transport such as walking, cycling and public transport are encouraged. There is a shift away from car use towards more sustainable forms of transport for the benefit of students, staff, visitors and the community.

Active travel, includes walking and riding a bike. These are great ways to incorporate regular exercise into our daily lives, contributing to our health and well-being, and reducing reliance on cars.

