



# Botany Bay and Tower Beach

The NSW Government recommends visitors to Botany Bay and Tower Beach should follow consumption limits per week for the below species of fish due to the presence of legacy PFAS (per- and poly-fluoroalkyl substances).

Visitors should also avoid swimming for three days after heavy rain and are encouraged to check the Beachwatch website at: <https://beachwatch.nsw.gov.au/waterMonitoring> for daily updates on water quality associated with stormwater pollution.

| Recommended maximum weekly intake for species caught in Botany Bay, the Georges River, and downstream of the Princes Highway (Tom Ugly's Bridge). |                                                                                                                                                                                                                                                                           |                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|
|                                                                                                                                                   | Servings per week*                                                                                                                                                                                                                                                        |                      |
| Species                                                                                                                                           | Children (2-6 years old)                                                                                                                                                                                                                                                  | All other age groups |
| Mulloway                                                                                                                                          | 1                                                                                                                                                                                                                                                                         | 2                    |
| Estuary Perch                                                                                                                                     | 2                                                                                                                                                                                                                                                                         | 5                    |
| Dusky Flathead                                                                                                                                    | 3                                                                                                                                                                                                                                                                         | #                    |
| Silver Trevally                                                                                                                                   | 3                                                                                                                                                                                                                                                                         | 5                    |
| Tailor                                                                                                                                            | 3                                                                                                                                                                                                                                                                         | 6                    |
| Luderick                                                                                                                                          | 6                                                                                                                                                                                                                                                                         | #                    |
| Australian Salmon (Arripis Trutta)                                                                                                                | It is recommended that this species is catch and release only. Should you wish to consume it, it is recommended that children (aged 2 to 6 years old) limit themselves to one serve per fortnight, and all other age groups limit themselves to two serves per fortnight. |                      |

\* Adult serving size = 150 grams; Children serving size = 75 grams.  
# No dietary advice is required based on the reported PFOS and PFHxS concentrations. Concentrations were below the adopted trigger values in the samples analysed

Scan the QR Codes for more information about PFAS.

DPI & Regional Development PFAS Program

EPA PFAS program